

SACRAMENT OF

Anointing

A GUIDE



Sacramental Anointing of the Sick

A sacrament is an outward sign established by Jesus Christ to confer inward grace through the power of the Holy Spirit. The anointing of the sick is for all Catholics as a means to bring both spiritual and physical strength to those who suffer from either physical, emotional or mental illnesses, are scheduled for serious surgery, treatments for disease, physical therapies or experience a sudden medical crisis. The anointing of the sick is often administered outside of the “Last Rites” and it should not be delayed without good reason. The sacrament is appropriate for the elderly weakened by advanced age or suffering from chronic or long-term illnesses. In addition, anyone struggling or recovering from alcoholism or other addictions can also be anointed. The sacrament can be celebrated several times over the course of an illness or disease and the person afflicted as no need to explain the reason for presenting themselves.

For those who are in the end-of-life stage or Hospice care, *if they wish to be anointed*, family members should contact the parish where their loved one is currently residing to have them anointed as soon as possible as a priest may not be available on short notice prior to death.

The “Last Rites”

Through God’s divine mercy, he gives us sacraments in the last rites to comfort us in our final days of preparation for the journey ahead. These include, Reconciliation (confession), Confirmation (when lacking), Anointing of the Sick, and Viaticum (Holy Communion).

Area Catholic Church Contact Information

Portland.....	Portland Peninsula and Island Parishes, 773-7746 Cathedral of the Immaculate Conception, Sacred Heart/ St. Dominic, Saint Christopher (Peaks Island), Our Lady Star of the Sea (Long Island, seasonal) St. Louis, St. Peter
Portland.....	Our Lady of Hope, St. Joseph Church St. Pius X Church 797-7026
Saco.....	Good Shepherd Parish, Most Holy Trinity Church 282-3321
Scarborough..	St. John Paul II Parish, St. Maximillian Kolbe 883-0334
Sebago.....	St. Anthony of Padua Parish, Our Lady of Sebago Church (July-Labor Day) 857-0490
So. Portland..	St. John Paul II Parish, Holy Cross Church/St. John Church 883-0334
Westbrook.....	St. Anthony of Padua Parish, St. Hyacinth Church 857-0490
Windham.....	St. Anthony of Padua Parish, Our Lady of Perpetual Help Church 857-049
Yarmouth.....	Parish of the Holy Eucharist Sacred Heart Church 847-6890

Bath.....	All Saints Parish, St. Mary church 443-3423
Biddeford.....	Good Shepherd Parish, St. Joseph Church 282-3321
Bridgton.....	St. Joseph Parish, St. Joseph Church 647-2334
Brunswick.....	All Saints Parish, St. Charles Borromeo/ St. John the Baptist 725-2624
Cape Elizabeth..	St. John Paul II Parish, St. Bartholomew 799-5528
Falmouth.....	Parish of the Holy Eucharist, Holy Martyrs 847-6890
Freeport.....	Parish of the Holy Eucharist, St. Jude 847-6890
Gorham.....	St. Anthony of Padua Parish, St. Anne 839-4857
Gray.....	Parish of the Holy Eucharist, St. Gregory the Great 847-6890
Lewiston.....	Basilica of Sts. Peter and Paul/Holy Family 777-1200